



PRESENTED BY **MIKEVRUGGINK** PRODUCTIONS

TITLE SPONSOR **ECLYPSE** Tanning

2021 NPC GRAND RAPIDS

SATURDAY, MAY 29

BODYBUILDING

**BODYBUILDING / PHYSIQUE / BIHINI
FIGURE / FITNESS / WELLNESS**



MORE INFO AND REGISTRATION AT
GRANDRAPIDSBODYBUILDING.COM

CHAMPIONSHIPS

NATIONAL QUALIFIER

NEW VENUE LOCATION!

The DeltaPlex
Arena & Conference Center
www.deltaplex.com

PRE-JUDGING 10 AM
EVENING SHOW 5 PM

MVRUGGINK@AOL.COM
(616) 893-3368

SPECIAL GUEST POSERS

DEREK LUNSFORD

212 IFBB MR. OLYMPIA CONTENDER



ANDREA SHAW

2020 IFBB MS. OLYMPIA



DEREK PHOTO BY DUSTIN RAYMOND
ANDREA PHOTO BY JEFF BINES

ALSO FEATURING



QUENTIN MARQUIS PATTERSON
2019 NPC GRAND RAPIDS CLASSIC
PHYSIQUE OVERALL CHAMPION



REMI BRUYNINGA
NPC/IFBB NATIONAL JUDGE
MICHIGAN NPC VICE CHAIRMAN
NPC/IFBB PROMOTER



MELISSA FRABBIELE
NPC NATIONAL JUDGE
IFBB PRO JUDGE
IFBB PRO COMPETITOR
COMPETED IN 7 OLYMPIA'S,
5 ARNOLD'S & 50 PRO SHOWS
GUEST EMCEE



MIKE VRUGGINK
EVENT PROMOTER
PROFESSIONAL PERSONAL TRAINER
MICHIGAN NPC JUDGE
NPC BODY BUILDING CHAMPION

SANCTION #4179

