



TITLE SPONSOR **ECLYPSE** Training

MIKEVRUGGINK PRODUCTIONS
PRESENTS THE

NPC GRAND RAPIDS

MAY 25, 2019 PRE-JUDGING 10:00 AM
EVENING SHOW 5:00 PM
GRANDVILLE HIGH SCHOOL AUDITORIUM

BODYBUILDING

FITNESS, FIGURE, PHYSIQUE & BIKINI CHAMPIONSHIPS

(NATIONAL QUALIFIER)

GRANDRAPIDSBODYBUILDING.COM
MIKEVRUGGINK.COM
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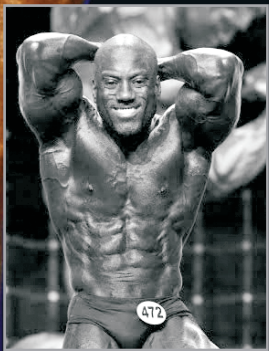
JOIN DEREK LUNSFORD FOR AN INFORMATIVE
BODYBUILDING SEMINAR @ MAXIMUS FITNESS
SUNDAY, MAY 26 FROM 1 PM TO 3 PM

SPECIAL GUEST POSER

DEREK LUNSFORD

2018 IFBB 212 OLYMPIA (2ND PLACE)

ALSO FEATURING



ROHAN DUNCAN
2016 NPC MICHIGAN STATE LIGHT
HEAVYWEIGHT & OVERALL
BODYBUILDING CHAMPION
2018 NPC WESTERN MICHIGAN
LIGHT HEAVYWEIGHT & OVERALL
BODYBUILDING CHAMPION
2019 NPC ARNOLD AMATEUR
CLASSIC PHYSIQUE - 2ND PLACE
OPEN - CLASS B



BRADY KING
2017 NPC PITTSBURGH PRO/AM
BODYBUILDING LIGHT HEAVYWEIGHT
BODYBUILDING CHAMPION
2018 NPC WESTERN MICHIGAN
CLASSIC PHYSIQUE - 1ST PLACE OPEN
- CLASS B



RENE BRUYNINGA
NPC IFBB NATIONAL JUDGE
MICHIGAN NPC VICE CHAIRMAN
NPC IFBB PROMOTER



MELISSA FRABBIELE
NPC NATIONAL JUDGE
IFBB PRO JUDGE
IFBB PRO COMPETITOR
COMPETED IN 7 OLYMPIA'S,
5 ARNOLD'S & 50 PRO SHOWS
GUEST EMCEE



MIKE VRUGGINK
NPC GRAND RAPIDS EVENT
PROMOTER
PROFESSIONAL PERSONAL
TRAINER
MICHIGAN NPC JUDGE
NPC BODY BUILDING CHAMPION

PHOTO: JEFF BINNS PHOTOGRAPHY

SANCTION #3354

